# INTERACTIVE EXHIBITION FOR SALE

## \*WHO AM I?

AN EXHIBITION ABOUT SELF KNOWLEDGE!





# THE AIM OF THE INTERACTIVE EXHIBITION IS TO INSPIRE CHILDREN SELF KNOWLEDGE THROUGH PLAY AND LEARN ACTIVITIES.

- → to help children (5-12 years old) to know themselves better
- → to discover the sense of their uniqueness
- to accept and love themselves for what they are

→ to develop their inner source of self-esteem





Children recognize and distinguish between the primary needs and the affective needs that we, as humans, have in order to live and grow up happily and in harmony with people around us.

# DISCOVERING OUR TALENTS!

Children recognize their abilities/talents –through the activities of their everyday life- so as to activate their inner source of self-esteem.



# DISCOVERING OUR DESIRES & DREAMS! Children recognize the value of their desires as a very important part of themselves, which can become the compass of a blissful life.

## DISCOVERING MY OWN NEEDS!

Children realize that we also have personal needs which are different for every one of us and it is very important to recognize them in order to live happily.





### DOES MY BODY TALK?

Children understand all the signals that our body sends us with its different reactions, so as they can be able to recognize and express their emotions and their needs.



Children distinguish between different emotions through their body expression.

**EMOTIONS!** 

## THE WORLD OF FAIRY TALES!

Fairy tales are more than simple stories; they help children to grow up well by allowing them to identify with many different characters.





## INTERACTIVE EXHIBITION

### "WHO AM I?"



The exhibition includes nine different topics:

THE TREE OF OUR NEEDS?

THE LIMITOMETER?

MY OWN NEEDS?

LISTENING TO MY BODY?

EMOTIONS?

DREAMS?

THE WORLD OF FAIRYTALES?

The concept of the exhibition was created by the scientific team of the "Musée des Enfants" Brussels, Belgium and the exhibits were created by the "Emotions Museum" Athens, Greece.

Space needed for the transportation 8cc Suggested floor area: +/- 150 m<sup>2</sup>

### What is included:

- all the play and learn exhibits with instructions
- descriptions in order to animate the exhibition in the spirit in which it was built
- the guide for parents and teachers

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### EMOTIONS MUSEUM

